

Could this be the Quaker ministry or service for you?

Are you looking for a sabbatical, a mid-life career change, retirement planning or a gap year experience?

The Quaker Community at Bamford is offering a unique opportunity for volunteers to share in community life at our beautiful retreat centre in the heart of the Peak District. Our way of life is grounded in Quaker worship and our shared testimonies.

We are currently seeking new members and volunteers. Would you like experience of community life? Can you offer a period of service of up to 12 months helping us run our community? Working alongside community members we can offer experience in hospitality, gardening, catering, housekeeping, woodland skills, DIY and decorating in a unique Quaker environment.

We can offer single or double accommodation, with shared communal spaces. As with community members we ask for a contribution towards rent and running costs. Local and area meetings may be able to offer support and sponsorship. We would be happy to discuss your individual needs.

Contact us for more information or see our programme and join us on one of our retreats.



Staying with Us

The Quaker Community is situated in beautiful countryside at the edge of Bamford village in the Peak District. Bamford Station is half a mile away with good rail access from Manchester and Sheffield.

Our accommodation is simple and comfortable with central heating and wifi throughout. In the main house our spacious vegetarian kitchen has inspiring views across the valley and our peaceful meeting room is available for spiritual nourishment.

Self-Catering Stays

Many people come here on individual stays for rest and renewal or to follow a personal retreat. There are local hill and river walks starting from our doorstep. Our ten acres of gardens and woodlands are a perfect haven to escape and be still. You are invited to join us in our morning and evening worship.

Retreats and Working Weeks

Our programme of facilitated events over the year all include elements of reflection and worship. We consider participants to be part of the community when here and this brings a unique and valued personal quality to our retreats.

Pricing and Other Information

We ask that you discern what to pay on our sliding scale as indicated in the programme. Retreats and working weeks are full board with vegan and vegetarian food using organic produce when available. Special diets can be accommodated. Self catering stays, including extra days after retreats cost £20 - £40 per day.

Quaker Community Bamford 2020



Reflective and Working Retreats Self-Catering Breaks

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www.quakercommunity.org.uk

Quaker Community at Bamford Retreats Programme 2020

Retreats are led by members of the community and associate members. See website or phone for facilitators and more details.

January 17 - 19: Exploring Community

Share a weekend with us finding out how we live, worship and work together as a Quaker Community and exploring what community means for you. **£50-£100**

February 17 - 21: Food 4 the Soul

Four family friendly days of cooking, eating and storytelling. **£220-£380**

March 9 - 13: Your Spiritual Journey

A retreat to support you in exploring your personal spiritual journey, through reflection, art and writing. We will use a range of guided exercises offering different approaches. There will also be space for individual exploratory work. **£220 - £380**

April 22 - 26: Spring Awakenings

A working retreat to help us with seasonal tasks in the garden. Qigong exercises to start the day and reflective sessions in the late afternoon. **£110-£190**

May 8 - 10: Exploring Community

See January for details

May 22 - 25: Step into Stillness

Take time out just to be. Extended periods of silence for personal reflection. Guidance for using the silence and opportunities to step into stillness. **£165-£285**



June 11 - 14: Creative Walking

Come walking with us in the beautiful Hope Valley. Guided walks, long and short, with reflective sessions to express our creative and spiritual responses to the landscape. **£165-£285**

July 22 - 26: Community Well Dressing

Taking inspiration from the words "They also serve who sit and read" we will work together to create a traditional Well Dressing from natural materials on a bed of soft clay. Honouring our Quaker roots we hope to find spiritual nourishment which can help to restore our spiritual strength. **£220-£380**



August 19 - 23: Summer Harvest

A working retreat. Come and help us to mow the wild flower meadow using traditional tools. Together we will gather our harvest of ripening fruit and vegetables. Time for reflection, tea and cake. **£110-£190**

September 24 - 27: Qi Gong and Reflection

Tame the monkey in your mind with gentle exercises for body, heart and soul and quiet reflection. **£165-£285**

October 16 - 18: Exploring Community

See January for details

November 18 - 22: Woodland Skills

Enjoy working in our woodland environment, including tree planting, coppicing, hedge laying and chopping wood. We will take time to reflect on our relationship with the natural world. **£110-£190**

December 4 - 6: Seasonal Crafts

Share your own enjoyment of creative crafts and learn new skills from others. A relaxing weekend combining practical activities with our spiritual practice. **£110-£190**

Dec 30 - 3 Jan 2021: New Year Retreat

A relaxed and informal gathering to mark the turn of the year. Share cooking, creativity, walks and time for reflection. **£270-£480**



Retreats Programme 2021

January 15 - 17 : Exploring Community

See previous entry for details

February 16 - 19: Living our Environmental Testimony

Quaker testimonies are not a set of words, but an expression of our spirituality in action. In working out how to live this testimony we will explore a practical and alternative vision of humanity and society which can meet real needs rather than ever changing desires. **£220-£380**

March 24 - 28: Stillness and Prayer

Set aside a time for tranquility and silence to allow us to deepen our awareness of the divine and find our inner source of strength. **£220-£380**

Working Saturdays

Please join us on Working Saturdays for an opportunity to get a taste of life in our community, working alongside members in the woodland, in the gardens or the house.

These Saturdays are usually on the third weekend of the month. Please contact us beforehand to confirm dates, and so that we can plan work and catering arrangements. Lunch and refreshments are provided.

You are welcome to stay on overnight at our self catering rate. This gives you the opportunity of joining us for worship on Sunday.

The Quaker Community Bamford is a registered charity. No.1178584

We are happy to offer bursary help for our retreat programme. Please contact us for more information or to offer donations for bursary support.